

PRICES EFFECTIVE JUNE 3RD THRU JUNE 9TH 2019

53486-7

(5 lb.) **Portabella Mushrooms**



Market continues to remain steady with no changes going into next week. Quality is good and supplies are adequate to meet current demand.

53522-9 (50 lb.) #2 Baker **Potatoes**



Expect rising markets on larger size 40 - 70 count through the summer months until new crop harvest begins in August.

53879-3

(34 lb.) **Honey Kiss Melons**

Round, cantaloupe-like shape and pale light netting on rind. Inner flesh is light golden-orange with a sweet, soft texture.

(50 lb.) 53480-0 Jumbo



Supplies remain steady as we look to transition into new harvest areas.

(25 lb.) 53748-0 9 Count Cantaloupe



Market is currently seeing the best quality on the domestic fruit. Brix/sugar levels are ranging from 12%-16% with good internal and external color.

53792-8 (20 lb.) **Pineapple** (6-7 Count)



Supplies are looking steady, with quality reported as good.

URMFOODSERVICE.COM



Take advantage of our June Road Show deals all month long.

Included in our June Bite Magazine are promotions on deli, frozen, grocery, disposable and chemical items.

Learn about food safety tips, our chemical program, customer rewards and more.

Prices, products and printing errors are subject to change without notice. Some products are an average portion or case price. Quantities are subject to stock on hand.



91814-4 (2/5 lb.) Kings Command Beef Finger Steaks

91622-1 (72/2.25 oz.)

Kings Command Chicken Fry Steak



91375-6 (5 lb.) Icelandic Haddock Fillet (with ice

93238-4 (6/2 lb.) Farmland Smoked/Sliced \$4629 Canadian Bacon

MUSHROOM & CANADIAN BACON FRITTATAS

Ingredients:

- Cooking spray (URM #43625)
- Smoked Canadian bacon (URM #93238-4)
- Shredded hash browns (URM #95735)
- Jumbo yellow onion (URM #53480-0)
- Portabella mushrooms (URM #53486-7)
- 2 uncooked scallions; chopped
- ½ tsp ground coriander (URM #435837)
- ³⁄₄ tsp dried thyme (URM #42647)
- 4 large eggs (URM #55504)
- ½ cup milk (URM #59962)
- 2 Tbsp, chopped fresh parsley (URM #54647)
- ½ tsp table salt (URM #23565-5)
- ¼ tsp black pepper (URM #42622-1)
- 1/4 cup goat cheese crumbled

Directions:

- Preheat oven to 375°F. Place rack in lower third of oven. Coat a 12-hole standard muffin tin with cooking spray; set aside.
- In a nonstick skillet over medium-high heat, cook Canadian bacon until just brown, about 2 minutes; remove from skillet and set aside.
- Off heat, coat skillet with cooking spray; set over medium-high heat. Add hash browns and onion to skillet; cook, stirring occasionally.
- Remove from skillet and set aside.
- Off heat, recoat skillet with cooking spray; set over medium-high heat. Add mushrooms and scallions to skillet; cook, stirring occasionally, until mushrooms are soft, about 5 minutes. Stir in coriander and thyme; remove from heat and set aside.
- In a mixing bowl, whisk together eggs, egg whites, milk, parsley, salt and pepper; stir in mushroom mixture and cooked bacon.
- Evenly divide hash brown mixture among prepared muffin holes; press down on mixture so it forms an even bottom and sides.
- Spoon about ¼ c egg mixture over potato layer; crumble 1 tsp cheese over each.
- Bake frittatas until egg is cooked through, about 25–30 minutes. Let cool slightly and remove from pan with a knife. Serve warm.

